









# COVID-19 (coronavirus) absence: A quick guide for parents/carers

What to do if...	Action needed	Back to school...
 <p>...my child has COVID-19 (coronavirus) symptoms*</p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Child should get a test</li> <li>• Whole household self-isolates while waiting for test result</li> <li>• Inform school immediately about test results</li> </ul>	<p>...when child's test comes back negative and free from fever for 48 hours</p> <p>A negative result means the test did not find coronavirus. They can return to school when feeling well enough. Coughs and loss of smell/ taste may last several weeks if the child had another virus such as a cold or flu.</p>
 <p>...my child tests positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Child self-isolates for at least 10 days as advised by NHS Test and Trace</li> <li>• Inform school immediately about test results</li> <li>• Whole household self-isolates for 10 days as advised by NHS Test and Trace.</li> </ul>	<p>...when the isolation period has been completed and the child feels better, and has been without a fever for at least 48 hours</p> <p>They can return to school after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.</p>
 <p>...somebody in my household has COVID-19 (coronavirus) symptoms*</p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Household member with symptoms should get a test</li> <li>• Whole household self-isolates while waiting for test result</li> <li>• Inform school immediately about test results</li> </ul>	<p>...when household member test is negative, and child does not have COVID-19 symptoms*</p>
 <p>...somebody in my household has tested positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Whole household self-isolates for 10 days as advised by NHS Test and Trace - even if someone tests negative during those 10 days</li> </ul>	<p>...when child has completed 10 days of self-isolation, even if they test negative during the 10 days</p>

A household includes everyone living in one home plus their support bubble (if you have one).

\* Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.

See more at: <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

What to do if...	Action needed	Back to school...
 <p>...NHS Test and Trace has identified my child as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> <li>• Child should not attend school</li> <li>• Child should self-isolate for 10 days as advised by NHS Test and Trace – even if they test negative during those 10 days</li> <li>• Rest of household does not need to self-isolate, unless they have also been identified as a 'close contact' of someone with a positive result</li> </ul>	<p>...when the child has completed their period of self-isolation, even if they test negative during those 10 days</p>
 <p>...we / my child has travelled and has to self-isolate as part of a period of quarantine</p>	<ul style="list-style-type: none"> <li>• Do not take unauthorised leave in term time</li> <li>• Consider quarantine requirements and FCO advice when booking travel</li> <li>• Provide information to school as per attendance policy</li> </ul> <p><b>Returning from a destination where quarantine is needed:</b></p> <ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Whole household self-isolates for 10 days – even if they test negative during those 10 days, unless they have participated in the Test to Release for International Travel scheme</li> </ul>	<p>...when the quarantine period of 10 days has been completed for the child, even if they test negative during those 10 days, unless they have participated in the Test to Release for International Travel scheme</p>
 <p>...we have received advice from a medical / official source that my child must resume shielding</p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Contact school as advised by attendance officer / pastoral team</li> <li>• Child should shield until you are informed that restrictions are lifted and shielding is paused again</li> </ul>	<p>...when school / other agencies inform you that restrictions have been lifted and your child can return to school again</p>
 <p>...I am not sure who should get a test for COVID -19 (coronavirus)</p>	<ul style="list-style-type: none"> <li>• People with symptoms* need to book a PCR test through NHS Test &amp; Trace</li> <li>• People without symptoms* can get a rapid (lateral flow) test as part of a testing scheme for people without symptoms (e.g. at a community test site, or through school/workplace testing schemes, etc).</li> </ul>	<p>...when conditions above, as matching your situation, are met</p>

For further information: [www.derbyshire.gov.uk/coronavirus](http://www.derbyshire.gov.uk/coronavirus)