

The Power of Small

A small conversation has the power to make a big difference



time to change
time to talk day
04/02/21



Let's start talking

Together we will end mental health stigma

#TimeToTalk

Online Zoom Group Chat and Quiz



Thursday 4th February
6pm -7pm

For more information or to join in
call: 07436 039285
or the DRPSS 01773 734989